

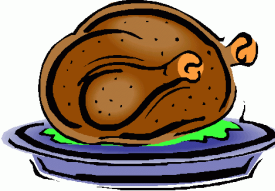



Week 3

Allergen Information available on request



Beal Vale Primary School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Homemade bolognaise Pasta Bake Spaghetti</p> <p>Fish Fingers served with mashed potatoes</p> <p>Homemade garlic bread</p> <p>A choice of items from our seasonal salad bar.</p> <p>Jelly/ yoghurt pots</p> <p>Basket of Fresh seasonal Fruit</p> 	<p>Homemade chicken Curry</p> <p>Homemade Cheese and onion quiche</p> <p>Potato Wedges</p> <p>Mixed seasonal vegetables</p> <p>A choice of items from our seasonal salad bar.</p> <p>Homemade chocolate mint sponge and custard</p> <p>Basket of Fresh Seasonal Fruit</p> 	<p>Roast of the day</p> <p>Oven baked fish</p> <p>Creamed Potatoes</p> <p>Southern fried oven chips</p> <p>Mixed Vegetables</p> <p>Homemade bread</p> <p>A choice of items from our seasonal salad bar.</p> <p>Homemade chocolate petticoat tails</p> <p>Basket of Fresh Seasonal Fruit</p> 	<p>Chefs special burgers</p> <p>Salmon Nuggets</p> <p>Herby diced potatoes</p> <p>Mixed seasonal vegetables</p> <p>Homemade bread</p> <p>A choice of items from our seasonal salad bar.</p> <p>Homemade vanilla Sponge and custard.</p> <p>Basket of Fresh Seasonal Fruit</p> 	<p>Homemade ham and or cheese Paninis</p> <p>Homemade cheese/tomato and paninis</p> <p>Warm cheesy Pasta</p> <p>Homemade oven chips</p> <p>A choice of items from our seasonal salad bar.</p> <p>Chefs surprise frozen Moose</p> 